

Aikido Prüfungsordnung HonShinKai-Dojo												
Kyu-Grad	Ikkyo	Nikkyo	Sankyo	Yonkyo	Gokyo	Shiho Nage	Kote gaeshi	Irimi Nage	Kaiten Nage	Tenchi Nage	Kokyu Nage	Koshi Nage
5.	Katatedori	-	-	-		Katatedori	Katatedori (Ai-hanmi)	Katatedori (Ai-hanmi)	-	-	-	-
4.	Katatedori Shomen-uchi		-	-		Katatedori Shomen-uchi			-	Ryotedori	Katatedori (Gyaku-hanmi)	-
3.	Katatedori Shomen-uchi (Suwari/Tachi) Katadori-men-uchi			-		Katatedori Katadori- men-uchi Shomen-uchi Ryotedori			Katatedori (Gyaku-hanmi) Shomen-uchi	Ryotedori Shomen-uchi	Katatedori	-
2.	Katatedori Shomen-uchi (Suwari/Tachi) Katadori-men-uchi Mune-tori Yokomen-uchi					Katatedori Katadori- men-uchi Shomen-uchi Yokomen-uchi			Katatedori Shomen-uchi	Ryotedori Shomen-uchi Yokomen-uchi	Katatedori Morotedori Ryotedori	-
1.	Katatedori (Hanmi handachi/Tachi) Katadori-men-uchi Mune-tori Shomen-uchi (Suwari/Tachi) Yokomen-uchi Chudan-tsuki Ushiro-ryote-dori				Shomen-uchi	Katatedori (Hanmi handachi/Tachi – nur Shiho Nage) Katadori-men-uchi Shomen-uchi Yokomen-uchi Chudan-tsuki Ushiro-ryote-dori			Katatedori Shomen-uchi Yokomen-uchi	Katatedori Katadori-men-uchi Shomen-uchi Yokomen-uchi	Katatedori Morotedori Ryotedori Shomen-uchi	Ryotedori
<p>Katatedori (Ai-hanmi und Gyaku-hanmi) Ab dem 5. Kyu werden <i>Mae-ukemi</i>, <i>Ushiro- ukemi</i> und <i>Kokyu-ho</i> erwartet. Es wird erwartet, dass ab dem 4. Kyu die japanischen Zahlen von 1-10 sprachlich beherrscht werden. Jede höhere Graduierung setzt Kenntnis und Umsetzung der vorherigen Graduierung voraus. Ab 1. Kyu Jiuwaza mit Shomen-uchi und Chudan-tsuki.</p>												